

* 1. What is your occupation- Check only one

- Registered Nurse
- Registered practical Nurse
- Therapist
- UCP
- Personal Support Worker
- Management
- Other

Other (please specify)

2. What is your Home name

Other (please specify)

* 3. In COPD:

	True	False	Don't Know
In COPD the word "chronic" means it is severe.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COPD can only be confirmed by breathing tests.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In COPD there is usually gradual worsening over time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In COPD oxygen levels in the blood are always low.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COPD is unusual in people less than 40 years old.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 4. COPD:

	True	False	Don't Know
More than 80% of COPD cases are caused by cigarette smoking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COPD can be caused by occupational dust exposure.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Longstanding asthma can develop into COPD.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COPD is commonly an inherited disease.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Women are less vulnerable to the effects of cigarette smoking than men.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 5. The following symptoms are COMMON in COPD:

	True	False	Don't Know
Swelling of the ankles	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fatigue (tiredness)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wheezing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Crushing chest pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rapid weight loss	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 6. Breathlessness in COPD:

	True	False	Don't Know
Severe breathlessness prevents travel by air.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Breathlessness can be worsened by eating large meals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Breathlessness means that your oxygen levels are low.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Breathlessness is a normal response to exercise.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Breathlessness is primarily caused by a narrowing of the bronchial tubes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 7. Phlegm (sputum):

	True	False	Don't Know
Coughing phlegm is a common symptom in COPD.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Clearing phlegm is more difficult if you get dehydrated.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bronchodilator inhalers can help clear phlegm.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Phlegm causes harm if swallowed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Clearing phlegm can be assisted by breathing exercises.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 8. Chest infections/exacerbations

	True	False	Don't Know
Chest infections often cause coughing of blood.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
With chest infections phlegm usually becomes coloured (yellow or green).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exacerbations (episodes of worsening) can occur in the absence of a chest infection.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Chest infections are always accompanied by a high temperature.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Steroid tablets should be taken whenever there is an exacerbation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 9. Exercise in COPD:

	True	False	Don't Know
Walking is better exercise than breathing exercises to improve fitness.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercise should be avoided as it strains the lungs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercise can help maintain your bone density.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercise helps relieve depression.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercise should be stopped if it makes you breathless.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 10. Smoking:

	True	False	Don't Know
Stopping smoking will reduce the risk of heart disease.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stopping smoking will slow down further lung damage.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stopping smoking is pointless as the damage is done.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stopping smoking usually results in improved lung function.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nicotine replacement therapy is only available on prescription.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 11. Vaccination:

	True	False	Don't Know
A flu shot is recommended every year.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You can get the flu from having a flu shot.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You can only have a flu shot if you are 65 or over.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A pneumonia shot protects you against all forms of pneumonia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You can have a pneumonia shot and a flu shot on the same day.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 12. Inhaled bronchodilators:

	True	False	Don't Know
All bronchodilators act quickly (within 10 minutes).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Both short and long acting bronchodilators can be taken on the same day.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
spacers (e.g. volumatic, nebulizer, aerochamber) should be dried with a towel after washing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using a spacer device will increase the amount of drug deposited in the lungs,	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tremor may be a side effect of bronchodilators.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 13. Antibiotic treatment in COPD:

	True	False	Don't Know
To be effective, the course should last at least 10 days.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Excessive use of antibiotics can cause resistant bacteria (germs).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Antibiotics will clear all chest infections.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Antibiotic treatment is necessary for an exacerbation (worsening) however mild.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You should seek advice if antibiotics cause severe diarrhoea.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 14. Steroid tablet given for COPD (e.g. Prednisolone):

	True	False	Don't Know
Steroid tablets help strengthen muscles.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Steroid tablets should be avoided if there is a chest infection.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The risk of long-term side effects due to steroids is less with short courses than with continuous treatment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Indigestion is a common side effect from using steroid tablets	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You should seek advice if antibiotics cause severe diarrhoea.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 15. Inhaled Steroids. (Brown, red or orange)

	True	False	Don't Know
Inhaled steroids should be stopped if you are given steroid tablets	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Steroids inhalers can be used for rapid relief of breathlessness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Spacer devices reduce the risk of getting thrush in the mouth.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Steroids inhaler should be taken before your bronchodilator	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Inhaled steroids improve lung function in COPD	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>